

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Results - Session 9 (Warmup 4.20 - 5.20)

Event 309 Girls 12-13 800 LC Meter Freestyle					Event 309 Women 14-15 800 LC Meter Freestyle				
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time	
1 Sherrard, Alex	13	Torfaen D	9:30.87		12 Davies, Ava-Rose	12	Nofio S Gar	10:50.71	
30.88	34.33	35.86	35.93		36.75	41.90	41.22	41.59	
36.04	36.22	36.47	36.26		41.77	41.04	41.08	41.77	
36.78	36.44	36.88	36.08		40.25	40.89	40.88	40.68	
36.74	36.08	36.09	33.79		40.65	40.85	40.25	39.14	
2 Prosser, Sofia	13	Torfaen D	9:38.91		13 Magnani, Layla	12	Hackney	10:57.66	
31.77	35.42	36.48	36.36		36.73	40.79	41.43	41.86	
36.76	36.73	36.94	36.93		40.99	41.36	41.66	41.67	
36.62	36.88	37.07	36.64		40.91	41.42	41.72	42.11	
36.52	36.49	36.33	34.97		42.46	41.66	41.65	39.24	
3 Klak, Nina	13	Co Newport	9:45.90		14 Roberts, Connie-Rae	12	Co Newport	11:10.56	
33.00	36.40	37.20	37.29		36.76	42.08	41.14	41.08	
36.76	36.98	37.32	37.29		41.54	41.90	42.65	41.84	
36.66	37.37	37.01	37.04		43.26	43.79	44.30	42.57	
37.12	36.87	36.18	35.41		43.35	42.34	42.29	39.67	
4 Donaldson, Evie	13	Co Newport	9:47.05		15 Frain, Phoebe	12	Nuneaton	11:34.40	
33.86	37.22	37.56	37.94		37.60	44.09	43.43	43.72	
37.08	37.99	37.58	38.06		41.65	41.52	44.30	46.07	
36.49	37.44	36.68	37.22		41.67	45.90	48.38	47.95	
36.53	36.93	34.61	33.86		41.24	44.31	43.38	39.19	
5 Ashby, Helena	13	TauntonDeane	10:05.11		16 Cooksey-Owen, Mollie	12	Co Cardiff	11:48.88	
32.72	37.12	38.10	38.29		38.68	42.89	43.86	43.84	
38.55	38.35	38.36	38.65		44.53	45.65	45.94	46.63	
38.38	38.62	39.09	38.79		45.88	45.62	45.92	44.23	
38.25	38.76	37.45	35.63		43.93	42.75	45.94	42.59	
6 Davies, Macy	13	Torfaen D	10:05.73		Event 309 Women 14-15 800 LC Meter Freestyle				
32.10	35.93	38.11	38.28		Name	Age	Team	Finals Time	
39.08	38.61	39.41	38.68		1 Griffiths, Cerys	15	Pembs Cty	9:18.65	
39.18	38.44	39.01	38.65		31.39	33.88	35.52	34.83	
38.72	38.42	38.42	34.69		35.51	35.40	35.56	35.66	
7 Morgan, Millie	13	Teddington	10:26.09		35.94	36.55	34.87	35.64	
34.57	38.34	39.42	40.00		36.00	35.90	33.87	32.13	
39.84	39.87	40.19	40.29		2 Mason, Eliza	14	EllesmereCSA	9:31.64	
40.13	39.87	39.91	39.51		31.30	35.49	36.64	36.88	
39.95	39.43	38.92	35.85		36.43	36.60	36.27	36.41	
8 Elson, Caitlin	13	Wrexham	10:29.96		35.93	36.38	36.17	36.43	
33.21	37.62	38.82	39.58		35.84	35.87	35.36	33.64	
40.19	40.29	40.12	40.52		3 Teggarty-Sparks, Ida	14	Teddington	9:35.86	
40.92	40.56	40.18	40.54		32.47	35.58	35.96	36.02	
40.33	39.65	39.61	37.82		36.33	36.32	36.69	36.53	
9 Osele, Isabella	13	Hackney	10:31.89		35.21	36.02	36.15	37.21	
34.25	38.99	39.04	39.55		36.92	37.43	35.65	35.37	
39.52	40.01	40.41	40.40		4 Allen, Isabel	14	Co Cardiff	9:51.29	
39.97	39.92	39.99	40.18		31.79	35.63	36.57	36.60	
40.35	40.51	39.73	39.07		37.41	37.03	37.81	37.48	
10 Lee, Seol Lucy	13	Co Cardiff	10:34.07		37.92	37.83	37.87	37.95	
35.33	38.72	39.99	40.31		38.05	37.73	37.40	36.22	
40.66	40.46	40.43	40.34		5 Richards, Faith	15	Co Cardiff	9:56.33	
40.37	40.48	40.10	40.09		33.54	36.57	37.56	37.82	
40.26	40.23	38.41	37.89		38.04	38.47	37.98	37.81	
11 Searle, Natalie	12	Teddington	10:37.77		37.39	37.69	37.71	37.97	
35.94	40.83	41.65	41.35		37.50	37.54	36.86	35.88	
40.72	40.91	40.48	40.73		6 Coles, Mya	15	Co Newport	9:58.15	
40.54	40.54	39.67	40.65		34.16	37.56	37.87	37.41	
39.64	39.55	37.94	36.63		37.60	37.49	37.76	37.83	
					37.81	37.67	37.64	37.65	
					38.13	37.84	37.50	36.23	

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(Event 309 Women 14-15 800 LC Meter Freestyle)

Name	Age	Team	Finals Time	
7 Ling, Olivia	15	Co Cardiff	9:59.14	
			33.47	35.78
			37.31	37.68
			38.45	38.22
			38.77	38.13
8 Chadwick, Millie	15	Teddington	10:01.35	
			32.42	36.21
			37.91	37.72
			38.27	38.22
			38.58	38.73
9 Hands, Ava	14	Nuneaton	10:02.38	
			32.51	37.19
			38.13	38.52
			37.44	37.83
			39.12	37.85
10 Macleod, Eilidh	14	Hackney	10:15.99	
			32.33	36.56
			38.44	38.91
			39.99	39.87
			39.69	39.59
11 Reed, Isabella	14	Co Cardiff	10:17.69	
			33.71	37.22
			39.08	39.39
			39.33	40.04
			39.61	39.70
12 Thompson, Freya	15	Pemb's Cty	10:18.40	
			33.89	38.01
			39.38	39.24
			39.04	39.27
			38.99	39.20
13 Smith, Sophie	14	Nuneaton	10:22.54	
			32.43	36.67
			39.18	39.13
			40.33	39.67
			40.48	39.92

5 Baker, Sophie	16	Teddington	9:42.38	
			31.88	35.22
			36.48	36.78
			37.17	37.32
			36.98	37.08
6 Dacey, Mollie	17	Co Cardiff	9:44.95	
			31.96	36.24
			36.95	37.06
			36.94	37.34
			36.99	37.27
7 Humphreys, Holly	17	Neath	10:11.48	
			32.49	36.17
			38.58	38.45
			39.20	39.19
			39.42	39.01

Event 309 Women 18 & Over 800 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Mitchell, Abby	19	Swansea Uni	9:18.98	
			31.41	34.03
			35.33	35.40
			35.61	35.09
			35.63	35.25
2 Staines, Talia	23	Derwent&Gate	9:24.02	
			31.02	33.86
			35.78	35.76
			35.47	35.79
			36.52	36.12
3 Cust, Ciara	18	Conwy	9:44.94	
			32.47	35.77
			36.91	37.01
			37.54	37.49
			37.60	36.76

Event 309 Women 16-17 800 LC Meter Freestyle

Name	Age	Team	Finals Time	
1 Gordon, Freya	16	Haslemere	9:06.75	
			30.30	33.36
			34.83	34.67
			34.70	34.73
			34.41	34.72
2 Chadwick, Phoebe	17	Teddington	9:30.75	
			31.77	35.04
			36.11	36.41
			36.14	36.79
			35.50	36.34
3 Watts, Olivia	16	EllesmereCSA	9:34.26	
			31.54	34.85
			35.90	36.08
			36.24	36.68
			36.60	36.84
4 Wayman, Chloe	17	Teddington	9:35.53	
			32.06	35.33
			35.94	36.13
			36.26	36.55
			36.55	36.73